Track Engineering

Course Name

Stressing - Plain Line

Course Description

At the end of the training the delegate will be able to: - Identify site stress requirements Identity equipment required to install stress in rails - Carry out calculations required for stressing activities - Prepare site for stressing activities - Manage the installation of stress - Carry out the recording and reporting of stressing activities

Audience

Delegates must be a minimum age of 18. Must hold a valid Sentinel Track Safety Card endorsed with PTS. Meet the medical requirements of Network Rail Standard NR/L2/OHS/00124 Medical Fitness Level 1. Have a good level of literacy and mathematics.

Duration: 2 Day(s) **Class Size:** 10

Competence Name Awarded

Undertake Stressing of Plain Line.

Competence Awarded

Tr 09

Course Code

Tr 09

Prerequisite Name

Personal Track Safety; Restore Original Stress in Rails

Prerequisite Short Code

PTS; Tr 08

Skills Assessment Scheme Regime

3

Course Type

Face to Face